

# My health visit today

## Step 1.

Complete the questions below before today's visit

Date: \_\_\_\_\_

Why am I visiting the doctor/health care provider today?

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What else do I want to ask?

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What do I need from the doctor/health care provider?

Advice:

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Prescriptions:

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Medical Certificate: Yes / No

Referrals: Yes / No

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Bayside | Cardinia | Casey | Frankston | Glen Eira | Greater Dandenong  
Kingston | Mornington Peninsula | Port Phillip | Stonnington

**phn**  
SOUTH EASTERN  
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An Australian Government Initiative

## Step 2.

Complete the questions below before today's visit

**What did the doctor/health care provider say?**

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**What do I need to do and why?**

Medication:

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Diet/exercise:

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Tests:

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Anything else:

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### Follow up

Next appointment, when:

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Call the clinic, when:

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Doctor/clinic calls me, when:

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